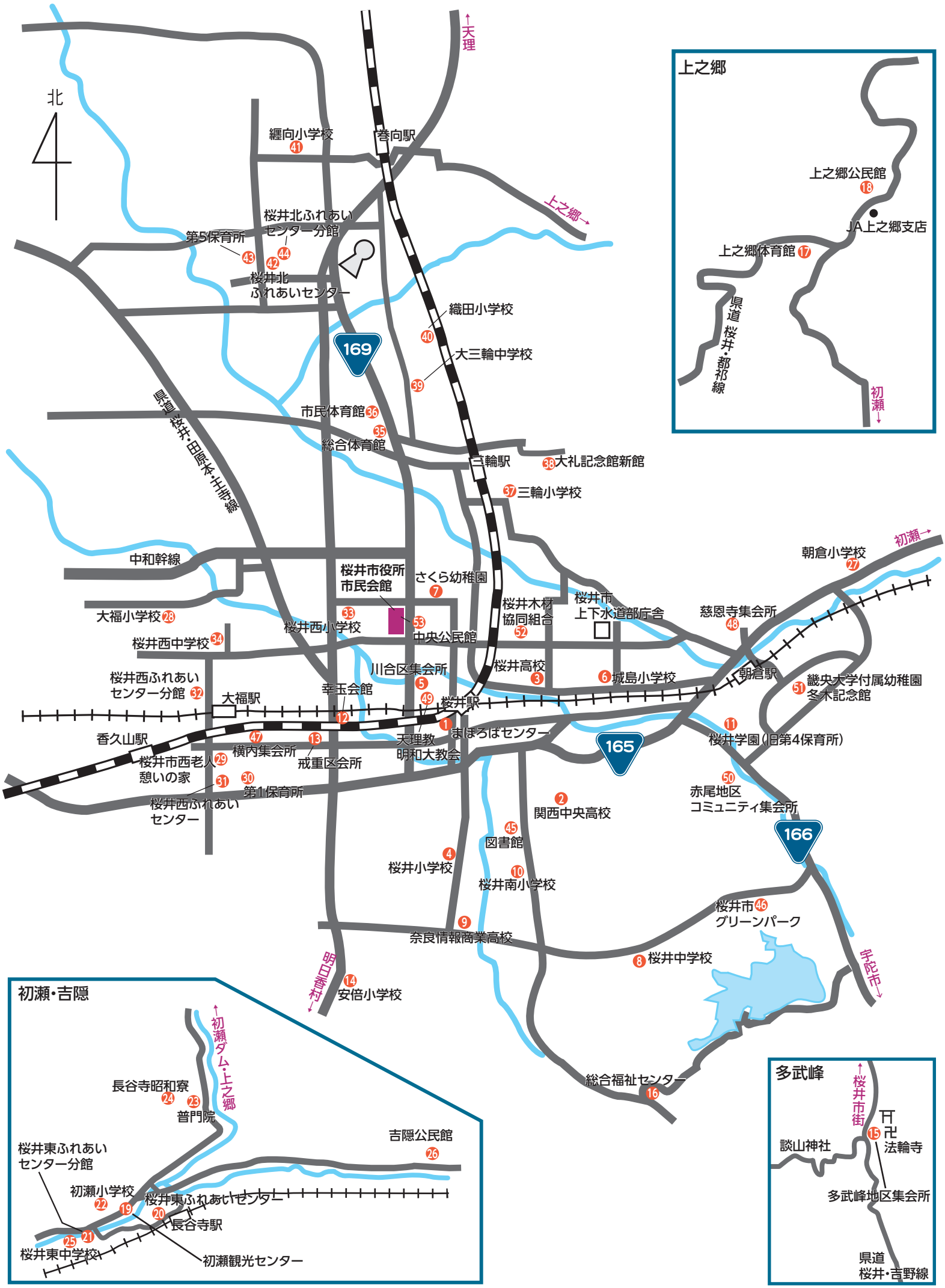桜井市指定避難所マップ