

Welcome to Sakurai



Useful informations for your life in Sakurai

Oct.1st,2019

To the foreigner who has just become a Sakurai resident,
We gathered in this handbook useful information for you, to get used to Sakurai city and to live comfortably as soon as possible.
We, the people of Sakurai, hope you will live in a homelike atmosphere in Sakurai.

In Case of Emergency

- A traffic accident, a theft, a fraud, nuisance etc.

Dial 110--police

- A fire, sudden illness, injuries

Dial 119--ambulance, firefighter

- Illness or injuries on holiday or in the night

Holiday & night Emergency /temporary clinic of Sakurai city

[TEL:0744-45-3720](tel:0744-45-3720)

Hospital Hours

Day of the week	office hours
Thursday	21:30-23:00
Sunday, holiday & 12/30-1/3	10:00-14:00, 18:00-22:00

About the disasters

There are many natural disasters, such as earthquakes, heavy rain, typhoons and landslides in Japan.

Various disasters have occurred in Nara, as well.

It is important for us to do the disaster-prevention measures on a regular basis and to take calm actions when a disaster happens in order to reduce the damage by these natural disasters.

Regarding the disaster prevention

さくらいしやくしよ ききかんりか
桜井市役所 危機管理課

Kikikanri-ka
Crisis Management Division

[TEL:0744-42-9110](tel:0744-42-9110)

To learn Japanese conversation, or to make friends --Japanese conversation class in Sakurai.

SIFA (Sakurai International friendship association) “Japanese Salon”

For any information, call SIFA(**in Administration & Management Division of Sakurai City Office**)

さくらいしやくしよ ぎょうせいけいえいかない
(桜井市役所・行政経営課内)

Gyouseikeiei-ka-nai
[TEL:0744-42-9114](tel:0744-42-9114)

To update a Visa or to change a residential status

The Immigration Bureau of Osaka, Nara branch office [TEL:0742-23-6501](tel:0742-23-6501)

Nara Second legal Integrated Office, 3-4-1, Higashi-Kidera cho, Nara city

To go shopping

Supermarket

You can find most things you need for your daily life. To shop you only need to put items in the basket and bring it to the checkout counter. (You barely need Japanese)

Convenience store

It's a small supermarket, open all year round, from early morning to midnight
Especially as there are plenty of food products cooked & ready to eat like lunch box,
It's a very convenient shop useful for the busy people who come home late or living alone.
You can pay utility bills there.
(You barely need Japanese)

Home Center (Home depot)

Home Center has various kind of materials for daily life like materials and tools for wood work or other various types of work, automobile-related supplies, gardening supplies, self-assembly furniture, life material, for example.
You can find most of Home Centers along the major road
You need Japanese speaking skills in the case that you buy the merchandise specifying detailed conditions.

Procedures you can do at the City office

TEL 0744-42-9111 (representative telephone number)

Resident registration

じゅうみんとよろく
住民登録 jyuumintouroku

You can apply for a resident card if you have a statue of residence for over 3 months of period of stay. Please bring your residence card (or special permanent resident certificate) and passport to the Citizens' Affairs Division of the City office.
You also need to change your address when you move inside the country.
For detailed information, please ask to the **Citizens' Affairs Division**.

しやくしよしみんか

市役所市民課 Shimin-ka

[TEL:0744-48-3100](tel:0744-48-3100)

Education

きょういく
教育 kyouiku

【Kindergartens】

4 & 5 year-old children can enroll to in kindergarten.
(3 year-old children are also available in three Kindergartens)

Please ask to the Board of Education Office, **School Education Division**

【Elementary School & Junior High School】

Elementary School (1st~6th grade, 6years old ~11years old) & Junior high school (1st~3rd grade, 12 ~14 years old) are compulsory in Japan.

If you have these aged children, the child's legal guardian has to apply at **School Education Division**, the Board of Education Office, make sure that you are already registered as a resident.

きょういくいんかいじむきよくがっこうきょういくか
教育委員会事務局学校教育課

[TEL:0744-48-3115](tel:0744-48-3115)

Kyoiukuiinkaijimukyoku-gakkoukyouiku-ka

Concerning Health & Welfare

けんこう ふくしかんけい
健康・福祉関係 kenkou& fukushi

【Nursery】

Nursery is the Child welfare facility which takes care of children (0-5 years old) who need nursing instead of their protectors. A child whose protectors or relatives are recognized as not being able to care for him or her because of their work, child birth, etc. can be admitted to the nursery. For more information, please contact with the **Child Welfare Division** of the city office regarding to the nursery.

しやくしよじどうふくしか

市役所児童福祉課 Jidoufukushi-ka [TEL:0744-48-3104](tel:0744-48-3104)

【National Health Insurance】

You have to join the National Health Insurance except those who join the Health Insurance of a company (Social Insurance, Mutual Aid Association etc.) or those who live on welfare

Please apply at the **Health Insurance Division** of the City office.

【Pension】

All the people of 20~60 years old who live in Japan have to join the pension under the Japanese pension system.

Please apply at the **Health Insurance Division** of the City office, except those who join Welfare Pension of the company and their spouse (those who depends on.)

しやくしよほけんいりょうか

市役所保険医療課 Hokeniryou-ka [TEL:0744-48-3120](tel:0744-48-3120)

【Pregnancy, Child Care, vaccination】

A maternity health record book is issued to the person who reported her pregnancy at the Health Promotion Division (Health and Welfare Center, Hidamari) Regarding the consultation about child care, vaccination, etc, please make inquiries to **Health Promotion Division** (Health and Welfare Center, Hidamari)

ぞうしんか

けんこう増進課 Kenkouzoushin-ka

ほけんふくし

ひ

(保健福祉センター 陽だまり [TEL:0744-45-3443](tel:0744-45-3443))

How to put out garbage

When you put out garbage, please use specified garbage collecting bags of Sakurai City. You can buy this garbage bag at any super market, convenience store or drug store in the city.

There are two kind of bags, one for combustible waste and another for non-combustible waste Regarding to the detailed fractional method for garbage, please make inquiries to

かんきょうぶ

Environment Department 環境部 Kankyo-bu ([TEL:0744-45-2001](tel:0744-45-2001))

【Things we can collect as combustible waste.】

Food waste /kitchen garbage (please put out after well drained)

Edible oil (please put out after steeping paper or cloth)

Piece of wood

(less than 10 cm of diameter and able to be put in the specified bag)

Disposable diaper (please remove the waste)

Non- recycling papers

(aluminium foil, carbon paper, heat sensitive paper, etc.)

Non-recycling clothes

(hat or cap, curtain, padded, feather or down filled blanket)

Rag, type of Vinyl

Type of Plastics Non recycling PET bottles tray, styrene foam/ expanded polystyrene

Video tape, cassette tape, and other type of plastics



かねん
可燃ごみ
Kanen-gomi

【Things we can collect as non-combustible waste.】

Oil, bottle, can/tin,(which cannot be washed with water)

Glassware

heat - resisting glassware

Cutting tools

※Please put out cutting tools wrapped with non-recycling paper and put into specified bag.

Round type battery

※As to mercury cell, micro cell, rechargeable battery, please take them back where you've bought them,

Home Electric Appliances (exclusive of the products assigned to waste household electrical appliances)

Umbrella, needles, electric lamp, fluorescent lamp metal(thin one) pottery

Empty can, empty bottle not for table use, wax can,

※Please put out makeup bottles(opalescence/milky white) or nail polish emptied.

The others

Spray-can, gas cartridge, disposable lighter

※Please put them in the container at the accumulation place on the collection day for the dangerous garbage emptied and without making a hole.



ふねん
不燃ごみ
Funen-gomi